

Emergency action plan		
Stop think Self - Team - Casualty		Don't make things worse by getting others into difficulty.
Assess the situation	Look at surroundings	*Location *Problem at hand *How to proceed
If lost	Where were you last correct, how long ago was it?	Can you go back to that location if safe.
	Call the instructor to let them know you are running late or need some advice on getting back on track.	
Someone is injured	Life threatening Serious injury	*Call emergency services. Have details ready on the back of the card. *Call the instructor
	Unconscious Breathing	Recovery position
	Unconscious NOT BREATHING	CPR Check air way 2 Breaths 30 Compressions Call 999
	Non life threatening	Call the instructor
Contact number:		

Emergency action plan		
Stop think Self - Team - Casualty		Don't make things worse by getting others into difficulty.
Assess the situation	Look at surroundings	*Location *Problem at hand *How to proceed
If lost	Where were you last correct, how long ago was it?	Can you go back to that location if safe.
	Call the instructor to let them know you are running late or need some advice on getting back on track.	
Someone is injured	Life threatening Serious injury	*Call emergency services. Have details ready on the back of the card. *Call the instructor
	Unconscious Breathing	Recovery position
	Unconscious NOT BREATHING	CPR Check air way 2 Breaths 30 Compressions Call 999
	Non life threatening	Call the instructor
Contact number:		

Emergency action plan		
Stop think Self - Team - Casualty		Don't make things worse by getting others into difficulty.
Assess the situation	Look at surroundings	*Location *Problem at hand *How to proceed
If lost	Where were you last correct, how long ago was it?	Can you go back to that location if safe.
	Call the instructor to let them know you are running late or need some advice on getting back on track.	
Someone is injured	Life threatening Serious injury	*Call emergency services. Have details ready on the back of the card. *Call the instructor
	Unconscious Breathing	Recovery position
	Unconscious NOT BREATHING	CPR Check air way 2 Breaths 30 Compressions Call 999
	Non life threatening	Call the instructor
Contact number:		